

CHELTENHAM COMMUNITY CENTRE

Regular Programs – Term 4, 2026

MONDAY

- **Drop-in Digital Support:** Drop into our Digital Room to seek Digital Support with Carmel. Computers and free wi-fi also available while having a cuppa and chat with others. Weekly 10am - 12pm. Wait times may apply if busy. Contact Reception on 8408 1390. Cost – Free.

- **Warra Pudna Playgroup:** Come along to Warra Pudna and experience Kaurna language through play with your Wakwakurna (children). Our playgroup is for babies and children aged 0–5 years and their Taikurtirna (families). Led by Warra Wangkatitya. Weekly (School term only), 10am – 11:30am. Contact Reception on 8408 1390. Cost – Free.

- **Intermediate Acrylic Painting at Cheltenham:** Build on your acrylic painting skills with our art facilitator Marijana. Some materials are provided to begin with, but you are welcome to bring along your own paints and brushes. Weekly 2pm -4.15pm. Bookings essential. Contact Reception to be added to waiting list on 8408 1390. Cost - $2 per class.

- **Dru Yoga with Dani:** Dru Yoga is a graceful and potent form of yoga, based on soft flowing movements, directed breathing and visualisation. Weekly, 7pm – 8.15pm. Contact Dani directly on 0414 589 602 for more information and costing.

TUESDAY

- **Cheltenham Playgroup:** Join us each term for weekly sessions from 10am – 11:30am
  In partnership with Playgroup SA explore opportunities for fun, social play and early childhood development. Contact Reception on 8408 1390 for further details. Cost - $5.00 per family per session (refreshments included).

- **Ageing Well Walking Group:** Enjoy a leisurely walk around the Cheltenham area. Join in with sunscreen, hat, sensible shoes, and drink. Meet in Reception. Weekly, 9:20am for 9:30am departure. Register attendance by contacting Reception on 8408 1390. Cost - Free.

- **Drop-in Digital Support:** Drop into our Digital Room to seek Digital Support with Philip. Computers and free wi-fi also available while having a cuppa and chat with others. Weekly, 10am - 12pm. Wait times may apply if busy. Contact Reception on 8408 1390. Cost – Free.

- **Cheltenham Over 50s Group:** A fun social group meeting weekly to play some high-quality Indoor bowls whilst having a great time socialising and making friends. Weekly, 12:30pm – 3:30pm. Contact Trevor Lowe on 0414 906 103 for further details and costs.

WEDNESDAY

- **Needlecraft:** Join this friendly, talented group for a fun and productive day at Cheltenham. Knitting, ribbon embroidery, tapestry, card making and cross stitch are just some of the skills on show. All welcome. Weekly, 10.30am -2.30pm. Contact Jillian and Kay via Reception on 8408 1390. Cost - $2 per session.

- **500 Cards Group:** Enjoy playing the card game, 500? Meeting every Wednesday fortnightly over a cuppa and chat. 11:30am – 2:30pm. Contact reception for further details. Cost - $2 per person.

- **Cheltenham Park Residents' Group:** Residents' group meeting from 7 – 9pm. Contact Robert on 0402 281 740 for dates. Free.

THURSDAY

- **Cheltenham Over 50s Group:** A fun social group meeting weekly to play some high-quality Indoor bowls whilst having a great time socialising and making friends. Weekly, 12:30pm – 3:30pm. Contact Trevor Lowe on 0414 906 103 for information and costs.

- **SMR Jodo (Martial Arts):** Jodo (the way of the stick) is an ancient martial art of stick against sword. Great for fitness and coordination. Weekly, 5.30 – 7.30pm. Contact Vladimir on 0413 199 482 for further details.

FRIDAY

- **Friday Fortnightly Free Bread Food Hub:** In partnership with UnitingCare Wesley Bowden and kindly donated by Bakers Delight drop into the Community Centre to take what bread you need. Fortnightly from 9:30am. Contact Reception on 8408 1390 or check Facebook for availability.

- **Bolivia Card Playing Group:** Join a fun and social card playing group that meets weekly over a cuppa. Weekly, 10am – 1pm. Contact Reception on 8408 1390 for further details. Cost - $2 per person.

- **Financial Counselling:** In partnership with UnitingCare Wesley Bowden, counsellors can help with credit or debt issues, managing bills, housing, mortgages, rent, loans, budgeting and bankruptcy, general understanding, and concerns about your money. Fortnightly 9am - 3pm. Bookings essential. Contact UCWB directly on 8245 7177 for bookings and information. Free.

SATURDAY

- **Weight Watchers:** Learn all about weight health in a fun, supportive, and caring environment. Each Saturday between 9am –10am. For further information, call 1800 958 288.

- **Meditation Workshop:** Presented by Sahaja Yoga Meditation. Learn how to achieve a balanced state and enjoy improved mental, physical and emotional wellbeing. Monthly Workshop on Saturday afternoons. Contact Sue 1300 724 252 for dates. Cost - $2 per session.

- **Sree Narayana Misson Adelaide (SNMA):** A dedicated group following the path of Sree Narayana Guru whose philosophy and teachings focused on equality and unity of all humans. Meet Monthly on Saturday evenings. Contact Vimaldas on 0403 672 425 for further details.

SUNDAY

- **El Shaddai Ministry Revival Church:** Sunday Morning Workshop Service, 9:30am. All welcome.

Other Events and Activities

Follow our **Facebook page** to stay up to date with information and events, including creative workshops, School Holiday programs and more. Registration pages for City of Charles Sturt programs and events are listed via **Eventbrite**.

Facebook – Cheltenham Community Centre	Eventbrite – City of Charles Sturt
www.facebook.com/CheltenhamCC	www.eventbrite.com.au/o/city-of-charles-sturt-17520779909

Hire a Community Space

Our Centre has meeting, workshop and family friendly event spaces available for hire. We offer affordable spaces to our local community to support you in achieving your community outcomes.






To view our spaces, head to the City of Charles Sturt's **Community Centres** page or book a space via our **SpacetoCo** page.

Charles Sturt Community Centres	SpacetoCo Booking Page
www.charlessturt.sa.gov.au/community/community-centres	www.spacetoco.com/org/city-of-charles-sturt

To find out more, contact our friendly staff on 08 8408 1310.

Updated: 30th October 2026