



## Ageing in Charles Sturt Policy

<b>Reference Number:</b>	4.13
<b>Type:</b>	Council
<b>Category:</b>	Safety and Community
<b>Relevant Community Plan Outcome:</b>	<ul style="list-style-type: none"><li>• In our City no one gets left behind; everyone has access to quality resources, services, programs, information and social infrastructure to fully participate in their community</li><li>• Charles Sturt is made up of strong and vibrant communities; we celebrate our identity, heritage and cultural diversity. People feel a sense of belonging, inclusion and social connectedness</li><li>• Our values, leadership and collaborative approach are bold and courageous and enables us to deliver value for our Community and create a leading liveable City</li></ul>
<b>Responsible Officer(s):</b>	Manager Community Connections
<b>First Issued/Approved:</b>	November 2002
<b>Minutes Reference:</b>	CoS 4/03/2024, Item 4.11
<b>Last Reviewed:</b>	March 2024
<b>Next Review Due:</b>	March 2026
<b>Applicable Legislation:</b>	Disability Discrimination Act 1992 Age Discrimination Act 2004 Aged Care Act 1997 Home and Community Care Act 1985 Human Rights and Equal Opportunities Act 1986 Privacy Act 1988
<b>Related Policies:</b>	Customer Experience Policy Commonwealth Home Support Programme Fees Policy Privacy Policy Community Care Consumer Rights Policy Community Development Framework
<b>Related Procedures:</b>	Access and Inclusion Plan Commonwealth Home Support Programme – Programme Manual 2023-2024 Aged Care Quality Standards Ageing Well – Organisational Manual

## 1. Purpose

The City of Charles Sturt recognises the need to adequately plan for an ageing local population and to consider the needs of our diverse older people in the design and delivery of Council services and facilities. It is created to support people to lead productive and active lives as they age.

This Policy statement is not intended to commit Council to overall service increases or expansion. Rather, it is designed to assist Council to strategically direct its financial, time and lobbying resources to key activities and those likely to have greatest strategic benefit to older citizens.

## 2. Scope

This Policy is intended as a guide for all business units that have reference and relevance to ageing citizens of Charles Sturt.

The focus of this Policy is to guide the strategic and implementation plans of the Community Connections Portfolio, especially the Ageing Well Team and in this process consider the strategic priorities of South Australia's Plan for Ageing Well 2020-2025.

## 3. Policy Statement

The City of Charles Sturt will pursue the following strategies to respond to the diverse needs of the City's ageing community supporting them to be valued members of our community.

1. Encourage and support independence, active participation and health and wellbeing.
2. Encourage a sense of citizenship and of belonging to, and being valued by, the community.
3. Create opportunities for community participation, lifelong learning , meaningful connections and the development of social capital.
4. Increase access to services through high quality communication, information and customer service.
5. Encourage a safe, age friendly and accessible city that values and reflects the needs of all citizens.
6. Support philosophies of 'ageing in place' and the provision of adequate, appropriate housing and accommodation options within the city.
7. Provide low level services to eligible residents funded by the Commonwealth Home Support Programme (CHSP) funded by the Department of Health and Aged Care via our Ageing Well Team.
8. Provide information and resources to our wider community of Aged Care services, and support for older people.

#### 4. Definitions

Key Term – Acronym	Definition
<b>Ageing Community</b>	Refers to the population within the City of Charles Sturt that is advancing in age, typically referring to individuals who are seniors or elderly.
<b>Active Participation:</b>	Involvement in various activities, events, and engagements within the community, promoting social interaction and personal fulfillment.
<b>Health and Wellbeing</b>	Refers to the physical, mental, and emotional state of individuals, encompassing factors such as fitness, nutrition, mental health, and overall quality of life.
<b>Ageing In Place</b>	The ability for individuals to remain in their own homes or communities as they age, with access to the necessary support services and resources.
<b>Commonwealth Home Support Programme (CHSP)</b>	A program funded by the Australian Department of Health and Aged Care aimed at providing entry-level home support for older people who need assistance to remain independent at home.