



# Regional Public Health Plan

## 2014–2019

Abridged Document



# Message from the Mayor and CEO



**Kirsten Alexander**  
Mayor



**Mark Withers**  
Chief Executive Officer

This inaugural Regional Public Health Plan helps to better define Council's role in protecting and promoting the health and wellbeing of our local community, together with other levels of government. Consultation feedback obtained through the development of this plan and through Council's Community Plan identified Council services and facilities that play a vital role in maintaining a safe and healthy community. The role of Council in advocating to other levels of government and in facilitating interaction between community members, non-government organisations and groups was also highlighted during consultation over the plan.

It is recognised that protecting, promoting and improving public health cannot be managed by Council alone, with a partnership approach being required between local, state and commonwealth governments and with private and non-government health providers and the general community. Opportunities to develop partnerships with these agencies to strengthen the health of our community will be explored.

The legislative requirement for development of a Regional Public Health Plan is an opportunity for Council to gain a greater understanding of the public health priorities of our community and to coordinate our efforts with other levels of government for improved health and wellbeing outcomes for all residents of Charles Sturt.

We welcome your ongoing involvement and feedback as we implement and review the plan, for the good health of our community.



**Kirsten Alexander**  
Mayor



**Mark Withers**  
Chief Executive Officer

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# Overview

The City of Charles Sturt has had, and continues to have, a vital role in protecting and promoting the health and wellbeing of the local community.

The new South Australian Public Health Act 2011 (the Act) commenced implementation in 2012 and replaces the South Australian Public and Environmental Health Act 1987. Its primary aim is to promote and protect public health and reduce the incidence of preventable disease, injury and disability in South Australia. Key components of the new Act are the identification of local Councils as the Public Health Authority for their area and a requirement to develop Regional Public Health Plans.

The City of Charles Sturt has had, and continues to have, a vital role in protecting and promoting the health and wellbeing of the local community. There are a significant range of core functions and services delivered by Council that influence health and wellbeing. The statutory obligation placed on Council as the Public Health Authority, and the requirement for a Regional Public Health Plan, strengthens this role. Further, it provides a framework to improve our understanding of the public health priorities for the City and to lead and coordinate for improved health and wellbeing outcomes.

Protecting, promoting and improving public health requires a combined effort from local, state and commonwealth governments, private and non-government providers and the community. It requires action at social, economic and environmental levels. Council, as defined by the Act, has a role to lead and coordinate on behalf of its community; equally importantly, it has a role to advocate, regulate, directly deliver and to partner with other parties where appropriate.

This is the first Regional Health Plan for the City of Charles Sturt and it has been developed having regard to the inaugural State Public Health Plan (SPHP), “South Australia: A better Place to live”, and specifically the four strategic priorities:

- Stronger and healthier communities and neighbourhoods for all generations;
- Increasing opportunities for healthy living, healthy eating and being active;
- Preparing for climate change; and
- Sustaining and improving public and environmental health protection.

This five year plan identifies the key strategies, actions and projects that the City of Charles Sturt will deliver to prevent disease, protect public health and promote good health and wellbeing. Many of these activities are taken directly from, or refer to, Council’s existing suite of strategic plans. This is an appropriate first plan as existing strategic planning documents, led by our Community Plan 2013–2027, have health and wellbeing as integrated objectives.

It is the intent of this plan to collate and recognise those activities and to be a starting point from which we can build and develop our new role as the Public Health Authority for the City.





# Scope and Context of this Plan

## Understanding Public Health

The scope of this plan extends to public health only; that is, it is focussed on prevention at a population level rather than the treatment of disease. It is not intended to assess or address the hospital or individual health care needs of our City and community members. It is critical that this scope is understood so as not to create unrealistic expectations of Council's role in health. The South Australian Public Health Act 2011 (the Act) defines Public Health as follows:

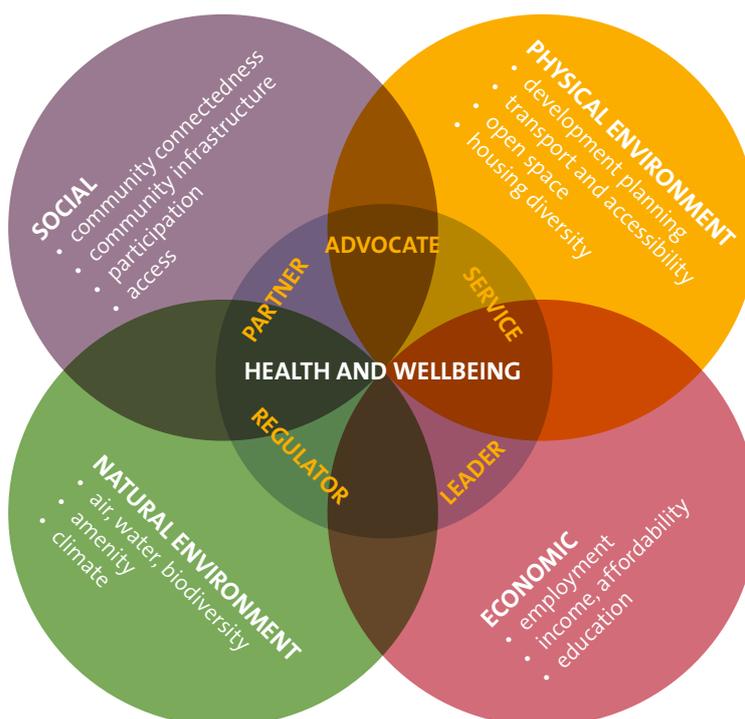
Public Health is the health of individuals in the context of the wider health of the community. It involves a combination of policies, programs and safeguards designed—

- (a) to protect, maintain or promote the health of the community at large;
- (b) to prevent or reduce the incidence of disease, injury or disability within the community.

## Determinants of Public Health

There are many different social, economic and environmental (both natural and physical) factors that influence public health and wellbeing.

The diagram below illustrates the determinants of health and wellbeing and, at a broad level, indicates some of the activities that the City of Charles Sturt is involved in that influence health and wellbeing.

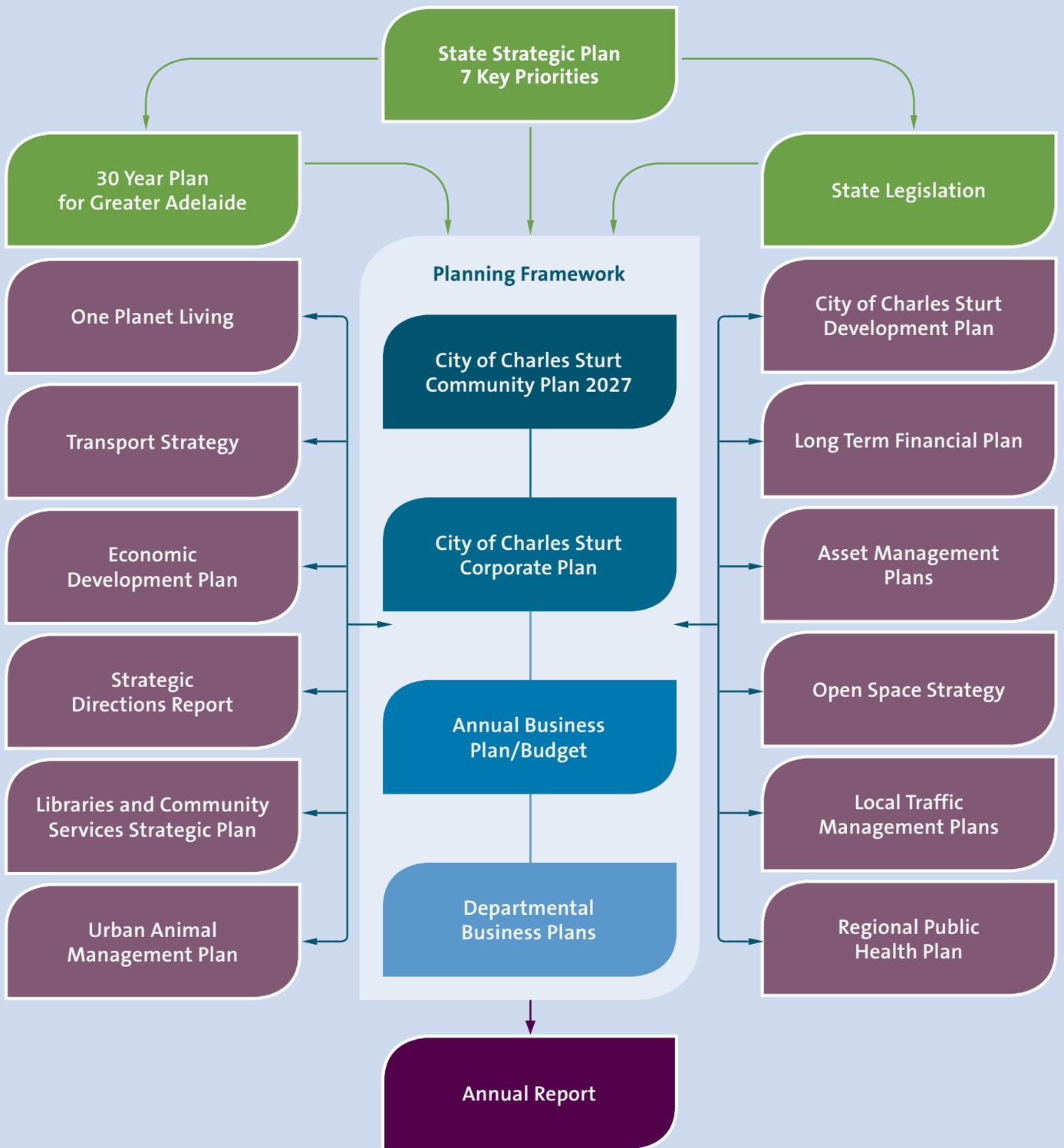


# Strategic Planning Framework

The City of Charles Sturt has a strong commitment to protecting and promoting the health and wellbeing of our community. This commitment is exemplified by the actions and strategies in the City of Charles Sturt Community Plan 2013–2027 and the Corporate Plan 2013–2017. The diagram on the right shows the linkages between the City of Charles Sturt’s and the State Government’s key strategic planning documents and this Regional Public Health Plan.

The City of Charles Sturt Community Plan 2013–2027 is the lead document in our Strategic Planning Framework. It has been developed in the broader context of the State Strategic Plan and the State Government’s seven key priorities. Following extensive community consultation, the City of Charles Sturt Community Plan has identified five theme areas that reflect our community’s aspirations, as shown below.





- |   |                                       |   |  |
|---|---------------------------------------|---|--|
|  | City of Charles Sturt Strategic Plans |  | City of Charles Sturt Contextual Documents |
|  | State Government Priorities and Plans |  | City of Charles Sturt Reporting            |

# Our City and People

The City of Charles Sturt is situated west of the Central Business District of Adelaide, South Australia, extending to the coast.

The Charles Sturt area is characterised by a mix of residential, industrial and commercial land uses. The City of Charles Sturt has a population of approximately 105,000 (ABS, 2011). The City has a high number and proportion of older people and is particularly culturally and linguistically diverse.

Between 2006 and 2026, the population of Charles Sturt is expected to increase by 21,618 on its 2006 level of 104,271 to 125,899. This represents a 21% increase on the 2006 population (Hugo Harris 2011). This level of growth presents significant challenges for the City and a need to plan now to cater for the future.

## Population Health Indicators for the City of Charles Sturt

The Local Government Association, via the University of South Australia's Public Health Information Development Unit, prepared a comprehensive population health profile for the City of Charles Sturt in November 2013. A review of this data identified the following key issues for the City of Charles Sturt:

- 16.4% of our total population self-assess their health as fair or poor (as opposed to excellent, very good or good) compared to 15.3% in metropolitan Adelaide.
- 13.2% of our total population have high or very high levels of psychological distress compared to 12.3% in metropolitan Adelaide.
- 5.4% of four year old boys and 4.7% of 4 year old girls are obese compared to 5.3% and 3.8% respectively in metropolitan Adelaide.

- Infant death rate in the North East Statistical area of 5.2% compared to 3.5% City wide and 3.4% in metropolitan Adelaide.
- 19.1% of our male population and 18.1% of our female population are obese (compared to 17.3% and 16.7% respectively in metro Adelaide).
- 19.1% of our population are smokers (18.9% in metro Adelaide).
- 37.6% of our population aged 15 years and over are physically inactive (compared to 35.1% in metropolitan Adelaide).
- In the North East statistical area, a premature mortality rate of 70.5 deaths per 100,000 of population in the 15–24 year age group (42.9 City wide and 44.4 deaths per 100,000 of population in metropolitan Adelaide).
- In the North East statistical area, a premature mortality from suicide rate of 14.9 deaths per 100,000 of population (11.6 City wide and 12.9 deaths per 100,000 of population in metropolitan Adelaide).
- In the North East statistical area, there are 3,121 clients of community health services per 100,000 population (1,942 City wide and 1,893 per 100,000 population in metropolitan Adelaide).
- In the North East statistical area there are 1,994 clients of community mental health services per 100,000 population (1,486 City wide and 1,372 per 100,000 population in metropolitan Adelaide).
- In the North East statistical area, 148 aged care places per 1,000 population aged 70 years and over (85 City wide and 97 places per 1,000 population in metropolitan Adelaide).



# Action Plan

The State Public Health Plan identifies four priority areas for Councils to consider when developing their regional public health plans. For the purpose of articulating how the City of Charles Sturt is addressing public health, key strategies and actions that relate to each of the four SPHP priority areas have been collated in the following sections.



## Priority Area 1: Stronger and Healthier Communities and Neighbourhoods for all Generations

This priority area is concerned with the physical and social infrastructure of our City and how it supports the health and wellbeing of our community. It is also about those activities that provide opportunities for social connectedness and community participation. (SA: A better place to live, 2013).

Action Plan: Stronger and Healthier Communities and Neighbourhoods for All Generations	
	RESPONSIBILITY
<p><b>Development Planning</b></p> <ul style="list-style-type: none"> <li>• Implement the five year Development Plan Amendment (DPA) program as identified in the Strategic Directions Report 2013 (Draft) to facilitate the projected population growth for the City.</li> </ul>	Urban Projects
<p>Continue to apply the principles of the City of Charles Sturt Development Plan, particularly those principles unique to Charles Sturt, regarding:</p> <ul style="list-style-type: none"> <li>• Building near airfields (Flightpath Noise);</li> <li>• Coastal Areas (Environmental Protection, Public Access, Hazard Minimisation);</li> <li>• Crime Prevention;</li> <li>• Community facilities (residential areas);</li> <li>• Hazards (land, air or water contamination);</li> <li>• Orderly and Sustainable Development (unhealthy or obsolete development);</li> <li>• Open Space and Recreation (usable and suitable space);</li> <li>• Residential Development (development close to high noise sources).</li> </ul>	Planning and Development
<ul style="list-style-type: none"> <li>• Continue to apply the Building Code of Australia to ensure suitable amenities are provided within buildings based on the associated land use.</li> </ul>	Planning and Development
<p><b>Planning for Urban Growth Areas</b></p> <ul style="list-style-type: none"> <li>• Influence the City's major Urban Infill projects utilising the key principles, (connectivity, flexibility, visibility, sustainability, accessibility, place making) from the "Planning for Social Infrastructure and Community Services for Urban Growth Areas".</li> </ul>	Community Services Urban Projects

	RESPONSIBILITY
<p><b>Community Services</b></p> <ul style="list-style-type: none"> <li>• Develop a five year Community Services Strategy to enable Council to better understand and respond to the demographic and social issues that are, and will be, affecting our communities over the coming years, and to ensure that Council’s community services and social infrastructure continue to meet the needs and expectations of Charles Sturt’s communities.</li> </ul>	Community Services
<p><b>Open Space</b></p> <ul style="list-style-type: none"> <li>• Ensure that public health and wellbeing are embedded as a demand driver in the new City of Charles Sturt Open Space Strategy.</li> <li>• Ensure that the best practice principles for provision of Open Space in Higher Density Developments are incorporated into the new City of Charles Sturt Open Space Strategy.</li> </ul>	Open Space, Recreation and Property
<ul style="list-style-type: none"> <li>• Advocate to the state government to implement the recommendations of the Best Practice Open Space Research project.</li> </ul>	Urban Projects
<ul style="list-style-type: none"> <li>• Identify open space shortfalls in urban growth precincts suitable for redevelopment.</li> <li>• Develop the Regional Sporting Needs Analysis to ensure that the City of Charles Sturt plans to cater for future sports participation, including population growth and the likely impacts on supply and demand.</li> </ul>	Open Space, Recreation and Property
<p><b>Transport</b></p> <ul style="list-style-type: none"> <li>• Establish an integrated Transport Plan addressing future growth and community aspiration for safe transport networks with high level of transport choice. This includes development of the following 4 strategies: <ol style="list-style-type: none"> <li>1. Walking and Cycling;</li> <li>2. Public Transport;</li> <li>3. Private Cars;</li> <li>4. Precinct and Street Statement.</li> </ol> </li> </ul>	Engineering, Assets and Strategy



	RESPONSIBILITY
<p><b>Maintain our commitment to the Walk 21 International Charter for Walking, including working to:</b></p> <ul style="list-style-type: none"> <li>• Continue to construct strategic walking and cycling routes.</li> <li>• Improve strategic walking and cycling in the River Torrens Linear Park, Henley to Grange Lakes corridor crossings and path improvements around schools and aged care facilities.</li> <li>• Renew or upgrade shared use walking and cycling bridges providing access connection. Priorities include Holbrooks Road shared use bridge and Sir William Goodman Bridge.</li> <li>• Continue to address trip hazards for paths in response to customers and renew paths to keep them in their current overall condition.</li> <li>• Continue the development of Precinct Transport and Parking Plans for identified priority areas.</li> </ul>	Engineering, Assets and Strategy
<p><b>Stormwater</b></p> <ul style="list-style-type: none"> <li>• Provide a source of harvested stormwater for public use while also addressing significant flood mitigation through implementation of Water Proofing the West Stages 1 and 2.</li> </ul>	Water Proofing the West
<ul style="list-style-type: none"> <li>• Deliver the Flood Safe program to increase flood preparedness in at-risk areas.</li> </ul>	Engineering Strategy and Assets
<p><b>Age Appropriate Services and Facilities</b></p> <ul style="list-style-type: none"> <li>• Implement the actions from the City of Charles Sturt Action Plan – Age Friendly Environments and Communities 2012.</li> <li>• Review and update the Ageing in Charles Sturt Strategy.</li> </ul>	Community Services
<p><b>CALD (Culturally and Linguistically Diverse)</b></p> <ul style="list-style-type: none"> <li>• Provide and work with external agencies to deliver facilities and services for people of all ages, cultures and abilities to connect socially.</li> <li>• Support participation in projects that share and celebrate culturally diverse backgrounds.</li> </ul>	Community Services

	RESPONSIBILITY
<p><b>Sustainability and Environment</b></p> <ul style="list-style-type: none"> <li>• Ensure that health and wellbeing remain embedded in the development of Council’s new Environment Plan, Living Green to 2020.</li> </ul>	Waste and Sustainability
<p><b>Economic Development:</b></p> <ul style="list-style-type: none"> <li>• Implement the City of Charles Sturt Economic Development Strategy and Implementation Plan 2013.</li> </ul>	Urban Projects
<ul style="list-style-type: none"> <li>• Continue to explore the application of the Heart Foundations “Healthy by Design” into Council’s development, transport, open space and urban growth planning.</li> </ul>	Environmental Health Planning and Development Open Space, Recreation and Property Engineering, Assets and Strategy
<p><b>Disability Discrimination</b></p> <ul style="list-style-type: none"> <li>• Develop and implement a new Disability Discrimination Action Plan for the City.</li> </ul>	Community Services
<ul style="list-style-type: none"> <li>• Continue to apply the Development Plan and Building Code of Australia to development applications ensuring minimum standards are achieved for access to car parking, amenities and buildings.</li> </ul>	Planning and Development
<p><b>Library Services and Community Centres</b></p> <ul style="list-style-type: none"> <li>• Ensure that health and wellbeing are incorporated as a guiding principle in the development of the Library Strategic Plan.</li> <li>• Continue to utilise library branches and community centres as destinations for socialisation and key access nodes to provide:               <ul style="list-style-type: none"> <li>• Community information, in particular health and wellbeing information;</li> <li>• Access to a broad range of collections and resources related to health and wellbeing;</li> <li>• Locally appropriate programs and activities that support health and wellbeing.</li> </ul> </li> <li>• Explore the potential of “Telehealth” technologies and applications in the Digital Hub at our Civic Library.</li> <li>• Investigate of technologies that facilitate disability/equity of access within the Digital Hub.</li> <li>• Continue to provide the home library services to housebound residents.</li> </ul>	Library Services Community Services

	RESPONSIBILITY
<p><b>Volunteering</b></p> <ul style="list-style-type: none"> <li>• Create appropriate opportunities for volunteering by liaising with internal and external organisations, recruiting, supporting, retaining and recognising volunteers.</li> </ul>	Community Services
<p><b>Community Safety</b></p> <ul style="list-style-type: none"> <li>• Continue to implement the objectives of the Crime Prevention Through Environmental Design Policy (CPTED) which aims to reduce opportunities for crime and enhance public safety by incorporating Crime Prevention Through Environmental Design principles and strategies in:             <ol style="list-style-type: none"> <li>1. Planning policy and development assessment processes;</li> <li>2. Strategic and local or master planning;</li> <li>3. Planning, design, development and maintenance of public spaces;</li> <li>4. Development and management of Council owned properties;</li> <li>5. Community development work in neighbourhoods.</li> </ol> </li> </ul>	Community Services
<ul style="list-style-type: none"> <li>• Continue to implement the principles of the Development Plan that specifically support CPTED at Charles Sturt.</li> </ul>	Planning and Development
<ul style="list-style-type: none"> <li>• Continue to implement the installation program of CCTV cameras in identified hot spot locations.</li> </ul>	Community Services
<ul style="list-style-type: none"> <li>• Continue to implement the Dog and Cat Management Policy and Urban Animal Management Plan specifically to educate our community on responsible animal management.</li> </ul>	City Compliance
<ul style="list-style-type: none"> <li>• Continue to implement the Child Safe Environment Policy.</li> </ul>	Community Services



POTENTIAL PUBLIC HEALTH PARTNERSHIPS	RESPONSIBILITY
<ul style="list-style-type: none"> <li>• Work with the Department of Planning and Transport and Infrastructure (DPTI), and/or other relevant agencies, to advocate for improved legislative provisions regarding the location of licensed venues, gambling facilities and fast food outlets in sensitive areas.</li> </ul>	Major Projects Public Health and Safety
<ul style="list-style-type: none"> <li>• Develop a partnership with Western Community Mental Health Centre (and/or other relevant mental health service providers) to improve our understanding of and capacity to address mental health issues in the City of Charles Sturt.</li> </ul>	Public Health and Safety
<ul style="list-style-type: none"> <li>• Develop a partnership with Central Adelaide Local Health Network (Aboriginal and Torres Strait Islander workers) and other relevant agencies to improve our understanding of health and wellbeing issues for this population group.</li> </ul>	Public Health and Safety
<ul style="list-style-type: none"> <li>• Investigate opportunities to develop partnerships with State and Commonwealth Home and Community Care (HACC) stakeholders to advocate for the existing and future needs of those people in need of HACC services.</li> </ul>	Community Services

## SUCCESS MEASURES, KEY PERFORMANCE INDICATORS AND HEALTH AND WELLBEING INDICATORS

Our success will be measured by:

1. Health and wellbeing are strategic/demand drivers in the Open Space Strategy, Regional Sporting Needs Analysis, Integrated Transport Plan, Living Green Environmental Plan and the Disability Discrimination Action Plan.
2. Self-reported health – people self-reporting health as excellent, good or very good expressed as a percentage of the adult population.
3. Proportion of Charles Sturt residents who like living in their local community.
4. Proportion of Charles Sturt residents who feel a part of their local community.
5. Proportion of Charles Sturt residents who positively rate the environment in terms of planning, open space and lack of pollution.
6. Proportion who rate recreation areas as good to excellent.
7. Number of cultural diversity events, projects, services and programs provided and number of attendees.
8. Number of Council volunteers and total number of volunteer hours.



## Priority Area 2: Increasing Opportunities for Healthy Living, Healthy Eating and Being Active

The intent of this priority area is to boost opportunities for physical activity, increase the availability of and access to healthy food and to reduce the negative health impacts of tobacco and alcohol. The actions below have been categorised into the three subsets – Healthy Living, Healthy Eating and Being Active.

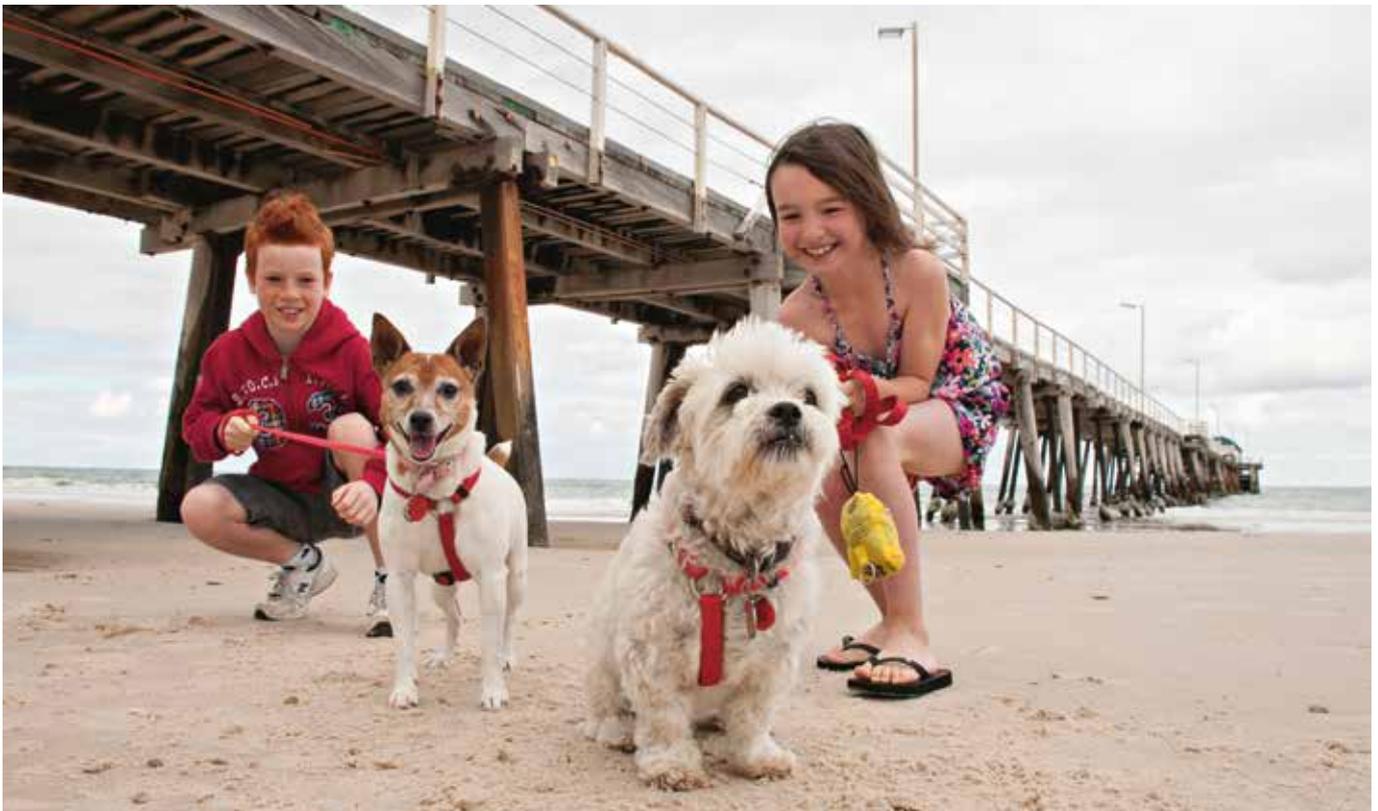
Action Plan – Increasing Opportunities for Healthy Living, Healthy Eating and Being Active	
INCREASING OPPORTUNITIES FOR HEALTHY LIVING	RESPONSIBILITY
<p><b>Obesity Prevention And Lifestyle (OPAL)</b></p> <ul style="list-style-type: none"> <li>Implement the Council’s OPAL Strategic Plans, including the OPAL Site 1&amp;2 Strategic Plan 2013–2015 – City of Charles Sturt.</li> </ul>	Community Services
<p><b>Community Gardens and Community Living</b></p> <ul style="list-style-type: none"> <li>Support and encourage community sharing initiatives such as Fruit and Vegetable swaps, Magic Harvest and other community initiatives that support food security, affordability and community resilience.</li> <li>Support community gardens to foster community wellbeing and the production of healthy food.</li> </ul>	Community Services
<p><b>Alcohol Management</b></p> <ul style="list-style-type: none"> <li>Continue to implement the Dry Areas within the City being responsive to the anti-social behaviour attributed to the misuse or overuse of alcohol.</li> <li>Continue to support the Henley Square Late Night Economy Group and its objectives to:               <ul style="list-style-type: none"> <li>Protect the amenity, contribute to the maintenance of family friendly environments and to overall community safety in the Square;</li> <li>Provide safe and enjoyable environment for patrons and workers, through harm minimisation and the responsible service of alcohol;</li> <li>Reduce the level of anti social behaviour, disorderly conduct and alcohol related violence in the Square.</li> </ul> </li> </ul>	Community Services
<ul style="list-style-type: none"> <li>Continue to implement Council’s Liquor Licensing Policy which supports the responsible service of alcohol, harm minimisation practices and protection of the City’s amenity.</li> </ul>	Planning and Development
<p><b>Smoking</b></p> <ul style="list-style-type: none"> <li>Develop an action plan to implement Council’s Public Environment – Smoke Free policy.</li> </ul>	Environmental Health
<ul style="list-style-type: none"> <li>Continue to enforce the littering provisions of the Local Government Act specifically for cigarette butt litter.</li> </ul>	Public Health and Safety

INCREASING OPPORTUNITIES FOR BEING ACTIVE	RESPONSIBILITY
<ul style="list-style-type: none"> <li>• Implement the strategies and projects identified in the OPAL Strategic plan, specifically as they relate to the achievement of project goals to increase use of parks and open space, increase active travel and increase active leisure.</li> </ul>	Community Services
<p><b>Walking and Cycling</b></p> <ul style="list-style-type: none"> <li>• Ensure that there is greater priority given to walking and cycling in transport and recreation networks.</li> <li>• Continue to construct strategic walking and cycling routes.</li> <li>• Advocate to the State Government for increased investment in safe pedestrian and cycling facilities at intersections and along arterial roads.</li> </ul>	Engineering, Assets and Strategy
<ul style="list-style-type: none"> <li>• Continue to support the “Heart Foundation Walking Program” within the City.</li> <li>• Continue to implement the “City Free Bikes” scheme and support bike repair and safety programs.</li> </ul>	Open Space, Recreation and Property
<p><b>Sporting Clubs and Recreational Facilities</b></p> <ul style="list-style-type: none"> <li>• Work regionally to deliver shared use opportunities across sporting facilities.</li> <li>• Explore open space and sporting shared use opportunities with schools.</li> <li>• Continue implementation of the Sporting Club Professional Development Program which aims to equip Council’s sporting clubs to be leaders in their sporting areas and ensure the sustainability of clubs.</li> <li>• Continue to implement the School Holiday Sports Program through Council’s existing sporting clubs and facilities.</li> <li>• Continue to support increased use of local open, sporting and recreational facilities through awareness raising events.</li> <li>• Continue to install outdoor gym equipment at reserves within the City, including installations at Matheson reserve and Aquatic Reserve.</li> <li>• Work collaboratively to ensure that installation areas reflect areas of need within the City.</li> </ul>	Open Space, Recreation and Property
<p><b>Animals</b></p> <ul style="list-style-type: none"> <li>• Continue to promote the benefits of exercise for both dogs and dog owners. Key actions include the Annual Doggy Day at the Beach, provision of the Animal Management Kit and promotion of the City’s established dog parks.</li> </ul>	City Compliance

INCREASING OPPORTUNITIES FOR HEALTHY EATING	RESPONSIBILITY
<ul style="list-style-type: none"> <li>• Implement the draft City of Charles Sturt Healthy Food and Drink Choices Policy. This policy will improve access to and availability of healthy food and drink choices for Council staff, Elected Members, volunteers and community through settings such as council meetings, community centres, events, fundraising and licenses for sporting clubs.</li> </ul>	Community Services
<ul style="list-style-type: none"> <li>• Develop a food security policy and strategy project aiming to support the availability, access, consumption and waste management of healthy and sustainable food, particularly for vulnerable groups.</li> </ul>	Community Services Waste and Sustainability
<ul style="list-style-type: none"> <li>• Support OPAL education sites and non-government organisations to be compliant with existing, or develop new, healthy food and drink policies in their organisations.</li> <li>• Support sporting clubs and local food catering businesses to meet Council's Healthy Food and Drink Choices Policy.</li> <li>• Support professional development opportunities for staff and volunteers from education sites, sporting clubs and non-government organisations to improve their capacity to create healthy eating environments in their organisations.</li> </ul>	Community Services
POTENTIAL PUBLIC HEALTH PARTNERSHIPS	RESPONSIBILITY
<ul style="list-style-type: none"> <li>• Work collaboratively with SA Health to identify and understand and appropriately address the impacts of changing/reduced/removed funding for community programs, for example Community Foodies, SA Health dieticians, and in the future OPAL.</li> </ul>	Community Services

## SUCCESS MEASURES, KEY PERFORMANCE INDICATORS, HEALTH AND WELLBEING INDICATORS

1. Number and range of initiatives (generated, partnered with or promoted) that contribute towards healthy eating and physical activity goals.
2. Number of participants at the City's community gardens.
3. Number of actions completed to achieve the objectives of the Public Environment – Smoke Free Policy.
4. Number of walking groups within the City.
5. Number of bike loans from the City Free Bikes scheme.
6. Number of participants in the School Holiday Sports Program.
7. Number of participants in Council's Sporting Club Professional Development Program.
8. Development of a Food Security policy and strategy project.
9. Number of sporting clubs and local catering businesses that meet and support Council's Healthy Food and Drink Choices Policy.
10. % of Charles Sturt adult population obese.
11. % of Charles Sturt 4 year olds obese.
12. % of Charles Sturt population aged 5 to 17 years with a usual daily intake of two serves of fruit.
13. % of Charles Sturt population aged 15 years and over who report being physically inactive.





### Priority Area 3: Preparing for Climate Change

The intent of this priority area is to ensure that the public health implications of climate change are recognised and appropriate strategies are in place to manage them.

Action Plan – Preparing for Climate Change	
	RESPONSIBILITY
<ul style="list-style-type: none"> <li>• Work with our community, including households, businesses, community groups and sporting clubs, to develop a shared understanding of the likely impacts of climate change and identify sustainable approaches to adaptation.</li> </ul>	Waste and Sustainability
<ul style="list-style-type: none"> <li>• Develop a regional Climate Change Adaptation Plan for the Western Adelaide Region, in partnership with the Cities of Port Adelaide and West Torrens, State and Federal agencies and the community.</li> </ul>	Waste and Sustainability
<ul style="list-style-type: none"> <li>• Ensure that the public health issues of climate change are clearly identified and actions developed to address these are embedded into Council’s relevant strategic plans.</li> </ul>	Environmental Health Waste and Sustainability
<ul style="list-style-type: none"> <li>• Continue to apply the Building Code of Australia to ensure;               <ul style="list-style-type: none"> <li>• thermal and light and ventilation aspects are achieved; and</li> <li>• built form suits the likely weather conditions.</li> </ul> </li> </ul>	Planning and Development
<ul style="list-style-type: none"> <li>• Plan and manage stormwater assets to reduce flood risk and increase resilience to climate change.</li> </ul>	Water Proofing the West Engineering Strategy and Assets
POTENTIAL PUBLIC HEALTH PARTNERSHIPS	RESPONSIBILITY
<ul style="list-style-type: none"> <li>• Form partnerships with other relevant spheres of government, the private sector and our community to ensure a coordinated and seamless response to climate change.</li> </ul>	Waste and Sustainability
SUCCESS MEASURES, KEY PERFORMANCE INDICATORS, HEALTH AND WELLBEING INDICATORS	
<ol style="list-style-type: none"> <li>1. Western Adelaide Regional Climate Change Adaptation Plan completed and endorsed by Council.</li> <li>2. Public Health issues are identified and appropriate action plans implemented.</li> </ol>	Waste and Sustainability

## Priority Area 4: Sustaining and Improving Public and Environmental Health Protection

This priority area is concerned with the basic public health protection activities that underpin the provision of safe food, control of communicable diseases and adequate water quality. It is this area that quantifies the traditional and legislative public and environmental health roles of council.

Action Plan – Sustaining and Improving Public and Environmental Health Protection	
	RESPONSIBILITY
<ul style="list-style-type: none"> <li>• Provide a high standard and fit for purpose waste and recycling services to our community, including the promotion of food waste recycling and weekly removal of waste that cannot be recycled.</li> </ul>	Waste and Sustainability Contracted Services
<ul style="list-style-type: none"> <li>• Continue to deliver and enhance waste education programs.</li> </ul>	Waste and Sustainability
<ul style="list-style-type: none"> <li>• Continue to monitor manufactured water systems for compliance with the Legionella regulations with the aim to reduce the risk of community and healthcare acquired legionellosis (Legionnaires' Disease).</li> </ul>	Environmental Health
<ul style="list-style-type: none"> <li>• Provide a comprehensive school and community based immunisation program, including the New Arrivals program, to assist in the control of preventable diseases within our City.</li> </ul>	Environmental Health
<ul style="list-style-type: none"> <li>• Improve food safety standards across the community through an ongoing program of regular inspections, education, encouragement and enforcement of food businesses within the City.</li> </ul>	Environmental Health
<ul style="list-style-type: none"> <li>• Continue to undertake a regulatory role in the education, encouragement and enforcement of stormwater pollution prevention, Supported Residential Facilities Act and the Housing Improvement Act.</li> </ul>	Environmental Health
<ul style="list-style-type: none"> <li>• Continue to implement the City of Charles Sturt Strategic Urban Animal Management Plan 2010–2015.</li> </ul>	City Compliance
<ul style="list-style-type: none"> <li>• Implement the Contaminated Site Policy (Council owned, occupied or managed land).</li> </ul>	Waste and Sustainability
<ul style="list-style-type: none"> <li>• Work with the LGA and SA Health to provide a framework for the future development and provision of public health indicator data.</li> </ul>	Environmental Health

	RESPONSIBILITY
<ul style="list-style-type: none"> <li>• Work with the LGA and SA Health to clarify the requirements placed on Council under section 37(2)(g) of the SA Public Health Act, assessment of activities and development.</li> </ul>	Environmental Health Planning and Development
<ul style="list-style-type: none"> <li>• Continue to implement the City of Charles Sturt Community Emergency Management Plan.</li> </ul>	Governance and Business Support
<ul style="list-style-type: none"> <li>• Continue to assess the submission of waste water applications ensuring public health regulations, guidelines and standards are utilised.</li> </ul>	Environmental Health
<ul style="list-style-type: none"> <li>• Continue to undertake a regulatory role in the education, encouragement and enforcement of skin penetration and beauty premises with an aim of reducing the incidence of infectious diseases associated with these procedures.</li> </ul>	Environmental Health
<p><b>Fire and Building Safety</b></p> <ul style="list-style-type: none"> <li>• Continue to implement the functions of Council’s Building Fire Safety Committee including inspection of premises based on: <ul style="list-style-type: none"> <li>• Ensuring that high risk buildings where life safety criteria are most important are inspected first;</li> <li>• Inspecting buildings where large crowds congregate during operating hours, such as shops or assembly buildings;</li> <li>• Complaints from the public;</li> <li>• An audit basis, when the high risk buildings have been inspected.</li> </ul> </li> </ul>	Planning and Development
<ul style="list-style-type: none"> <li>• Continue to implement the fire hazard reduction compliance program during the fire danger season.</li> </ul>	City Compliance
<ul style="list-style-type: none"> <li>• Continue to undertake a regulatory role in regards to unsafe structures as defined by the Development Act.</li> </ul>	Planning and Development



POTENTIAL PUBLIC HEALTH PARTNERSHIPS	RESPONSIBILITY
<p><b>Water Quality</b></p> <ul style="list-style-type: none"> <li>• Work towards the development of partnerships with DPTI, Environment Protection Authority/Adelaide and Mt Lofty Natural Resource Management Board to continue to address the water quality and water quality testing issues for West Lakes and the Coast.</li> </ul>	Environmental Health
<p><b>Contaminated land/groundwater and general environmental matters</b></p> <ul style="list-style-type: none"> <li>• Investigate the establishment of a Partner Authority arrangement with the Environment Protection Authority to support our relationship in the interests of public health as it relates to contaminated land and groundwater and general environmental matters.</li> </ul>	Environmental Health
<p><b>Domestic Squalor</b></p> <ul style="list-style-type: none"> <li>• Work towards establishing Partner Authority arrangements with western region agencies (eg. Housing SA and Western Mental Health) to formalise the development of task forces for the resolution of severe domestic squalor matters.</li> </ul>	Environmental Health

- SUCCESS MEASURES, KEY PERFORMANCE INDICATORS, HEALTH AND WELLBEING INDICATORS**
1. % of waste diverted from landfill.
  2. % immunisation coverage in Charles Sturt compared to South Australia (by age categories).
  3. Number of health inspections and audits undertaken to prevent communicable diseases (i.e. food premises, manufactured water systems, skin penetration/beauty premises).
  4. Number of legionnaire disease cases investigated in relation to manufactured water systems within our City.
  5. Number of partner authority agreements developed with Government and non-Government organisations.





## Priority Area 5: City of Charles Sturt Administrative Actions

In addition to the State Public Health Plan's four Priority Areas, there are a number of issues and actions of an administrative nature that have been identified.

Action Plan – Sustaining and Improving Public and Environmental Health Protection	
	RESPONSIBILITY
<p><b>Public Health Act Implementation and Public Health Planning Governance</b></p> <ul style="list-style-type: none"> <li>• Ensure all Policies that previously referred to the Public and Environmental Health Act 1987 are updated to the SA Public Health Act. Identify other policies that are relevant to the SA Public Health Act and amend as appropriate.</li> <li>• Determine how Regional Public Health Planning, reporting (every two years) and review (every five years) will be carried out going forward, including investigation of opportunities for integrated planning.</li> <li>• Development of staff and systems – ensure adequate training and development is provided to Council staff to effectively administer the new legislation and update corporate systems and practices to reflect the requirements of the Act.</li> </ul>	Environmental Health
<p><b>Potential Public Health Partners</b></p> <ul style="list-style-type: none"> <li>• In addition to those potential partners already identified in this plan, investigate and be open to potential new partners that can contribute to the health and wellbeing of the community, including realising the benefits of information sharing.</li> </ul>	All business units
<p><b>Results Based Accountability (RBA)</b></p> <ul style="list-style-type: none"> <li>• Introduce the RBA to improve measurement of outcomes for health related programs in Council's Community Centres.</li> </ul>	Community Services
<p><b>Monitoring Transition of Services</b></p> <ul style="list-style-type: none"> <li>• Be alert to potential "cost shifting" with regards to projects, programs and services that deliver health and wellbeing outcomes for our City and work collaboratively for appropriate outcomes.</li> </ul>	All business units

# Timing of Actions

Specific timeframes have not been attached to individual actions in the plan. This is because of:

- The ongoing nature of many activities and actions.
- The high level nature of some strategies where multiple actions will be delivered both within and beyond the scope of this plan.

It is acknowledged that significant outcomes and progress on the actions will be achieved within the five year lifespan of this plan and reported on every two years as required by the Act.

