



19 on Green Community Centre Program 2024

19 Green Street, Brompton SA 5007 8408 1860

www.facebook.com/19onGreen

Monday

- Meals on Wheels Men's Cooking** **restarts 22 January 2024**
Fortnightly: 11am – 1:30pm **Bookings:** 1800 854 453 or email wise@mealsonwheelssa.org.au
 Get together with like-minded men in a fun and supportive space, to enjoy a cuppa, a chat and some good food at this men's cooking group. Bookings are essential through Meals on Wheels.

Tuesday

- Chair Yoga** **restarts 16 January 2024**
Weekly 10am – 11am **Bookings:** 19 on Green on 8408 1860 **Price:** \$8 per session
 Join Yoga teacher Ginny Holmes for a wonderful way to bring a sense of wellbeing in body and mind no matter what age, body type or level of fitness.
- Banner to Bags** **restarts 30 January 2024**
Fortnightly 1pm -2:30pm **Bookings:** 19 on Green (8408 1860) **Price:** \$2 per session
 Join our eco savers and help transform old vinyl banners into a variety of functional bags. No sewing experience is necessary.
- Art Classes** **restarts 6 February 2024**
Weekly: 10am-12pm **Bookings:** jquey@me.com **Price:** \$15 per session
 Mixed media art classes open to all levels of experience. All materials provided.

Wednesday

- Grubbies on Green** **restarts 31 January 2024**
Weekly: 9am – 11am **Bookings *:** 19 on Green (8408 1860) **Price:** \$50 / term / family Nature based playgroup for children aged 3-5 years during school term. Bookings are essential.
** Applications for the term 2 waiting list are now open.*
- Toughlove SA** **restarts 10 January 2024**
Weekly: 11am-2pm **Bookings:** Toughlove 8449 2702
 Provides practical and emotional support for parents of young people with unacceptable behaviour, focused on generating and maintaining positive change within the family.
- Women Who Woodwork** **restarts 31 January 2024**
Weekly: 1pm – 3pm **Contact:** 19 on Green (8408 1860) **Price:** \$5 per session
 Join Christine in our community shed, with other women interested in woodworking, to work on individual and/or community projects.
- Social Table Tennis** **restarts 17 January 2024**
Weekly: 6pm – 8pm **Contact:** 19 on Green (8408 1860) **Price:** \$2 per session.
 Join David to enjoy some friendly table tennis, a chat and some food.

OA Group

restarts 3 January 2024

Weekly: 5pm - 7pm

Contact: OA 0401 308 714 or just show up to a meeting

Overeaters Anonymous is a peer support group of individuals with a shared experience of compulsive eating and compulsive food behaviours.

www.oaadelaidelaide.org

Thursday

- **Grow SA** **restarts 9 February 2024**
Weekly 10:30am – 12:30pm **Bookings:** Grow SA 8298 9299
Join a peer support group who are striving to develop and maintain good mental wellbeing.
- **Hindmarsh Archiving** **restarts 31 January 2024**
Weekly 10am – 4pm **Bookings:** 19 on Green (8408 1860)
Join Vivienne and the team to enjoy the rich history of our pocket of SA, the ward of Hindmarsh.
- **Natty Knitters** **restarts 11 April 2024**
Fortnightly: 3pm – 4:30pm **Bookings:** Jeanette on 0408 843 741 **Price:** \$2 / session
All ages and abilities are welcome to join this social knitting group who meet for a chat and to make things for various charity groups.
- **The Inventors Club** **restarts 15 February 2024**
Monthly (third Thurs): 7:30pm **Bookings:** Eric (0403 225 871) www.inventors.asn.au
A group of like-minded people who enjoy the creative process of inventing in a fun and welcoming space. Open to all ages.
- **Soul Window Cooking (Persian Creation)** **starts 22 February 2024 (6pm-9pm)**
Learn how to make delicious Persian food with Elham! Find out how to use Persian flavours, spices, and bring new dishes into your home cooking. For more info, call Elli 0415 966 477

Friday

- **Community Shed** **restarts 19 January 2024**
Weekly 1:00pm – 3:00pm **Contact:** 19 on Green on 8408 1860 **Price:** \$5 per session
An open group for people interested in woodwork and repair. Join us in our community shed to work on individual and community projects.
- **Carers SA** **restarts 19 January 2024**
Carers SA offer coaching and 1:1 support for unpaid carers. For more info call 0477 669 904
- **Uniity Cook + Talk** **restarts 16 February 2024**
Monthly (third Friday): 7:30pm **Contact:** Marigold 0466 260 098 or marigold@uniity.com.au
Uniity sessions consists of a social cooking demonstration and shared meal for local residents, and attracts a diverse group of people.

Saturday & Sunday

- **Bowden Brompton Repair Café**
Monthly (First Saturday): 1pm-4pm **Contact:** BBRepairCafe@gmail.com
Don't Bin it! Repair it! A community-led repair café run but skilled volunteers. Bring in your broken household items to be repaired.

Private Hire available

19 on Green has various spaces available for hire for special events, celebrations, birthday parties, meeting, cooking classes and more – visit SpacetoCo.com for bookings or pop in to see one of our friendly staff members to see the facilities. Conditions Apply