

Four easy ways to recycle your food scraps



1. Wrap your scraps
2. Kitchen caddy with compostable bags
3. Worm farms
4. Compost at home

Food scrap composting **VOUCHER** and **CASH-BACK** details inside.

Offer **LIMITED** to one rebate per household while stocks and budgets last.



Government of South Australia
Zero Waste SA



Four easy ways to recycle your food scraps

South Australians lead the way with recycling but there are ways we can all waste less and recycle more.

Don't waste your food scraps - turn it into compost.

- Food scraps make up around 40% (by weight) of household waste that is sent to landfill.
- When food breaks down in landfill, it does so slowly and releases harmful greenhouse gases into the atmosphere.
- Compost is used as a soil conditioner. It makes gardens more water efficient and adds rich nutrients to the soil.



- In the City of Charles Sturt there are four easy ways to recycle your food scraps
1. Wrap your scraps
 2. Kitchen caddy with compostable bags
 3. Worm farms
 4. Compost at home
- It's as easy as choosing the system that suits your home best.

Wrap your scraps and put them in your green organics bin

Most things that once grew can be put in your green organics bin for composting. Its contents will be turned into compost.

Wrapping your scraps can help keep your green organics bin clean, and help absorb some of the moisture from your food scraps. You can wrap your scraps in newspaper or paper towelling if you want to, or place them loose in your green organics bin.

If you don't have a green organics bin, you can purchase one through Council by calling 8408 1111. You can claim back \$20 on the purchase of your green organics bin using the voucher found on the back page of this booklet.



You've always been able to put lawn clippings, prunings, branches, leaves and weeds in your green organics bin but now we also accept **FOOD SCRAPS** including:

- fruit and vegetable scraps, cake, takeaway foods, bread, teabags and coffee grounds
- meat scraps, bones (cooked and raw), eggshells, oyster shells and seafood
- pizza boxes, shredded paper, tissues and paper towels
- cheese and yoghurt
- hair

Pick up a free kitchen caddy and roll of bags from council

Take advantage of our one-off offer of a kitchen caddy with a roll of compostable corn-starch bags.

The bags are made of compostable corn-starch and vegetable oils. Compostable bags are an effective way to contain your food scraps and keep things clean and tidy.

Call into our Civic Centre at 72 Woodville Road, Woodville during business hours and redeem the voucher included in this brochure to:

COLLECT your food waste container and compostable bags - stocks are limited or

RECEIVE up to \$20 cash-back on your own container and compostable bags (don't forget to bring the receipt with you for your rebate).

This is a **LIMITED OFFER** valid only while stocks and budgets last.



Only bags clearly marked as *compostable* are suitable to place in your green organics bin.

Plastic bags, and bags that are labelled *degradable*, are not suitable as they don't break down in compost. So avoid these bags, or put them in your rubbish bin.

More compostable bags can be purchased from local hardware stores. Council will also sell additional bags to residents at cost price.

Feed your food scraps to the worms

Worm farms are a great alternative to composting for people with small gardens. Worm farms can be kept inside, outside, on the balcony or in the shed.

Worm farming is a fun way to turn your food scraps into a rich, soil-like substance called 'worm castings.' Worm castings are great for pot plants, growing seedlings, and for potting soils. The liquid produced by worm farms is full of nutrients and can be watered down and added to pot plants.

For more information on successful worm farming, download your Fact Sheet from www.charlessturt.sa.gov.au



Worms LIKE

- paper, soaked and ripped cardboard such as pizza boxes
- fruit and vegetable (except onions, garlic and citrus)
- leaves
- hair and lint
- egg shells

Worms are NOT keen on

- meat
- plants from the onion family (including garlic and shallots)
- citrus fruits and acidic food such as tomatoes and pineapple (place these items in your green organics bin instead)

Compost your food scraps at home

Home composting is a natural and efficient way to recycle food scraps. It is easy to do, cheap and provides many benefits.

Benefits include

- improves garden health and soil structure by adding nutrients
- reduces water use in the garden
- saves money spent on fertilisers and mulch
- reduces the cost of waste disposal to the community
- reduces greenhouse gases produced by rotting material in landfill
- saves landfill space

Please place your kitchen scraps and other organic material into a compost bin.

Avoid placing meat or dairy products in your home compost. Place these items in your green organics bin instead.

What materials can go in a compost bin?	Here are some of the more common items that are suitable for home composting.	<ul style="list-style-type: none"> ·Bark ·Garden waste ·Paper ·Wood ash ·Bread 	<ul style="list-style-type: none"> ·Grass clippings ·Sawdust ·Woodchips ·Cereals ·Hair 	<ul style="list-style-type: none"> ·Small twigs ·Wool ·Hay/Straw ·Vacuum cleaner dust 	<ul style="list-style-type: none"> ·Horse and chicken manure ·Eggshells ·Food scraps ·Leaves
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Council sells 220 litre compost bins for only \$35 (like the one pictured). With your \$20 cash-back voucher from this brochure, this reduces to only \$15. Alternatively, you may prefer to purchase another style of compost bin and use your voucher and valid receipt to get your \$20 cash back.

This is a LIMITED OFFER valid only while stocks and budgets last.

For more information on successful home composting, download your Fact Sheet from www.charlessturt.sa.gov.au



Your food waste recycling voucher

Tick which system you would like.

One offer only per property.

- Thanks! I will **WRAP MY SCRAPS**
- I will pick up my kitchen caddy and compostable bags
- I would like \$20 cash-back on a new worm farm
- I would like \$20 discount on for a new green organics bin purchased from Council
- I would like \$20 cash-back or discount on a new compost bin

To redeem your \$20 cash-back voucher, bring your receipt or proof of purchase dated on or after 1 September 2011.

Voucher offer LIMITED to one offer per household while stocks and budgets last.

Vouchers can be redeemed from the Civic Centre at 72 Woodville Road, Woodville, during normal business hours (9am-5pm, Monday to Friday).

If you are unable to come in to redeem your voucher during business hours, call 8408 1111 to discuss alternative arrangements.

Already recycling your food scraps at home?

We are most interested to know how your family recycles food scraps. Please tell us your story.

I already recycle my food scraps using my

- Green organics bin
- Compost bin
- Worm farm
- Chickens
- Other
- I would like to share my 'recycling food' stories with Council.

Name

Address

.....

Council will contact you shortly to hear your story.

These vouchers can only be redeemed by City of Charles Sturt residents. A limit of one offer per property applies. Please provide proof of residence when redeeming your voucher. When asking for cash-back on a purchase (for example of a compost bin or worm farm of your own choosing) a copy of your receipt must be provided and attached to your voucher in order to be eligible for the rebate. Items must have been purchased after 1 September 2011.